



ONE&ONLY PORTONOVI, MONTENEGRO

BEST FOR ALL-OUT INDULGENCE

The sell for parents The miracle-working neuromuscular activation treatment to cure child-carrying aches.

The sell for kids The best and biggest pool by the beach is reserved for families (BYO inflatables).

Mountains, pine forests and preserved medieval villages ring the sumptuous, fjord-like Bay of Kotor. More recently, slick superyacht marinas have been popping up along the shore. The latest is Portonovi Village, home to the first European outpost of the glossy One&Only margue that is more often seen on the beaches of Mauritius and the Maldives. It has pulled out all the stops here. Children start the day devouring doughnuts at breakfast before joining the melée at KidsOnly, a club for treasure hunts and telescope making, science labs and stick-raft building. Parents lurk by the pool in Chanel beachwear, ordering Veuve Clicquot by 11am. The most health-conscious focus on recalibration in the heavyweight Chenot Espace, which offers medical-grade diagnostics and transformative treatments from wellness pioneer Henri Chenot. While the Chenot diet is legendary, and effective, it would be a shame to miss out on all the other sensational food (and perhaps foolish to attempt a detox on a family holiday). Sabia turns out the best Italian dishes this side of the Adriatic - don't skip pizza-making in the kitchen. In summer, the kids' club is open for movie nights on request, meaning parents can slip off to sushi suppers at the Tapasake Club. It's not often that indulgence can be this family-friendly. FIONA KERR Doubles from about £700; oneandonlyresorts.com

SIX SENSES IBIZA, SPAIN

BEST FOR HIPPIES WHO'VE GONE WAY UPMARKET

The sell for parents Reconnecting with Ibiza, minus the techno.
The sell for kids Tranquillity and soft adventure for babies and children; nocturnal adventure for teenagers.

The understated, haute-bohemian Six Senses was the most significant Ibizan opening of last year, and it raises the game for the entire Balearics with its legions of staff, immaculate interiors and impossibly cerulean views. Set in the far north, it is not just physically removed from the action, but feels a world away from the posadas that pump out poolside techno. Merging with lush gardens bursting with pomegranate, pomelo and quince trees, the familyfriendly junior suites (which can fit up to two children) are prepped with bespoke mid-century-modern furniture to please the adults and a fenced terrace that will contain crawling babies. While grown-ups are enjoying the contemporary Middle Eastern cooking at the open-air HaSalon or sushi at BondSt, the kids' club offers the earthy activities one might expect from Six Senses, such as yoga and art made from recycled food, while older children can join apothecary classes where fragrant lotions are mixed from their home-grown herbs, or have a junior reflexology treatment in the spa. Hotel cars are available for safe passage to that first trip to Pacha. No, you are not invited. Just cross your fingers and hold on till dawn. JEMIMA SISSONS Doubles from about £330; sixsenses.com

